

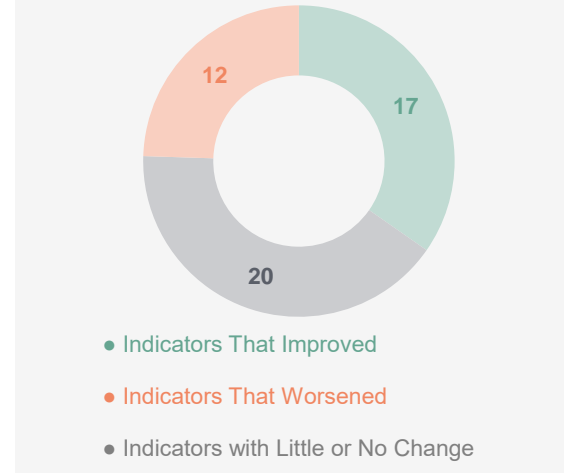
Texas

Ranking Highlights^a

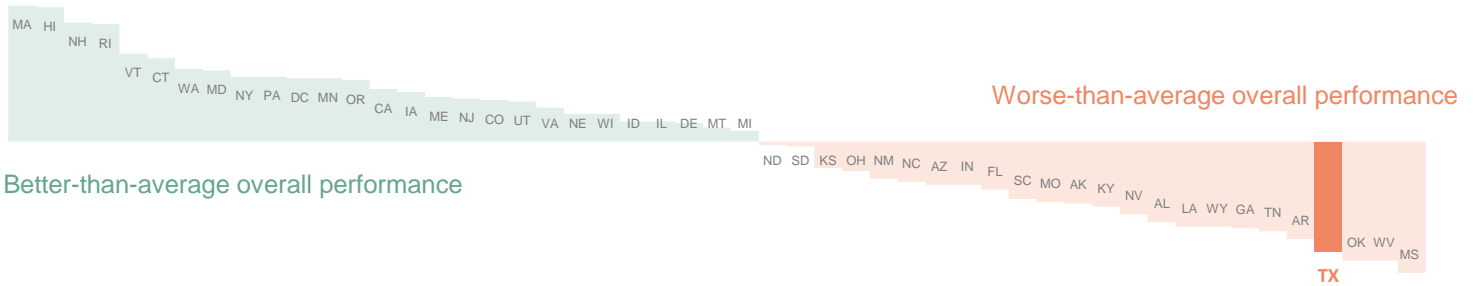
	National Rank	Rank Among Southwestern States*
Overall	48 of 51	3 of 4
Reproductive & Women’s Health	49	3
Access & Affordability	51	4
Prevention & Treatment	48	3
Avoidable Hospital Use & Cost	36	3
Healthy Lives	29	2
Income Disparity	45	4
Racial & Ethnic Health Equity	38	3

* Southwestern states include AZ, NM, OK, TX

How Health Care Performance Changed in Texas^b



How Texas Compares to All States



The Best and Worst in Texas

Best Performance

- Drug overdose deaths
- Home health patients with a hospital admission
- Hospital 30-day readmission rate ages 18–64

Improved the Most

- Potentially avoidable emergency department visits ages 18–64
- Preventable hospitalizations ages 18–64
- Hospital 30-day readmission rate ages 18–64

Worst Performance

- Uninsured children
- No early prenatal care
- Uninsured adults

Worsened the Most

- Children who are overweight or obese
- Premature deaths from preventable causes
- Adults with inappropriate lower back imaging

Table 1. State Health System Performance Indicator Data by Dimension

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time ^b					
Access & Affordability					2023 Scorecard					Baseline				
Adults ages 19–64 uninsured	2021	24%	12%	3%	51	2019	25%	13%	No Change					
Children ages 0–18 uninsured	2021	12%	5%	1%	51	2019	13%	6%	No Change					
Adults age 18 and older who went without care because of cost in past year	2021	16%	10%	5%	50	2019	19%	14%	Improved					
Adults age 18 and older without a usual source of care	2021	26%	17%	9%	49	—	—	—	—					
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2020–21	9%	7%	5%	43	2018–19	12%	10%	Improved					
Employee total potential out-of-pocket medical costs as a share of state median income	2021	13%	12%	7%	39	2019	15%	12%	Improved					
People with medical debt	2021	19%	13%	2%	47	—	—	—	—					
Adults age 18 and older without a dental visit in past year	2020	43%	35%	25%	49	2018	40%	34%	Worsened					
Prevention & Treatment					2023 Scorecard					Baseline				
Adults with all age- and gender-appropriate cancer screenings	2020	65%	69%	76%	40	2018	63%	68%	Improved					
Adults with age-appropriate flu and pneumonia vaccines	2021	36%	42%	54%	46	2019	38%	41%	No Change					
Adults vaccinated against COVID-19 with a booster	2022	32%	42%	63%	43	—	—	—	—					
Diabetic adults without an annual hemoglobin A1c test	2021	14%	10%	4%	46	2019	11%	8%	Worsened					
Children without all recommended vaccines	2021	27%	28%	12%	23	2019	31%	27%	Improved					
Children with a medical home	2020–21	40%	46%	55%	49	2018–19	47%	48%	Worsened					
Children without a medical and dental preventive care visit	2020-21	39%	38%	26%	35	—	—	—	—					
Children who did not receive needed mental health care	2020–21	23%	20%	11%	44	2018–19	19%	18%	Worsened					
Adults age 18 and older with any mental illness who did not receive treatment	2019–20	62%	55%	41%	47	—	—	—	—					
Youth ages 12–17 with a major depressive episode who did not receive mental health services	2019–20	75%	60%	33%	48	—	—	—	—					
Hospitals with better-than-average patient experience ratings	2021	54%	45%	83%	15	2019	59%	48%	No Change					
Hospital 30-day mortality	07/2018–12/2021	12%	12%	11%	12	07/2016–06/2019	13%	14%	Improved					

Table 1. State Health System Performance Indicator Data by Dimension (cont.)

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time ^b	
Prevention & Treatment (cont.)						2023 Scorecard			Baseline	
Central line-associated bloodstream infection (CLABSI)	2021	0.956	0.921	0.571	34	2019	0.721	0.689	Worsened	
Nursing home residents with an antipsychotic medication	2020	12%	14%	9%	10	2018	13%	15%	No Change	
Home health patients with improved mobility	2019	74%	80%	87%	42	2017	70%	75%	Improved	
Avoidable Hospital Use & Cost						2023 Scorecard			Baseline	
Potentially avoidable emergency department visits										
Ages 18–64, per 1,000 employer-insured enrollees	2021	131	134	122	19	2019	196	137	Improved	
Age 65 and older, per 1,000 Medicare beneficiaries	2021	147	141	115	35	2019	190	185	Improved	
Admissions for ambulatory care–sensitive conditions										
Ages 18–64, per 1,000 employer-insured enrollees	2021	4	4	4	21	2019	7	7	Improved	
Age 65 and older, per 1,000 Medicare beneficiaries	2021	30	29	16	32	2019	44	41	Improved	
30-day hospital readmissions										
Ages 18–64, per 1,000 employer-insured enrollees	2021	3	3	2	7	2019	3	3	Improved	
Age 65 and older, per 1,000 Medicare beneficiaries	2021	33	33	16	29	2019	40	40	Improved	
Skilled nursing patients with a successful discharge	2020	52%	57%	69%	45	2018	49%	54%	Improved	
Home health patients with a hospital admission	2019	14%	15%	11%	6	2017	15%	16%	Improved	
Adults with inappropriate lower back imaging	2021	72%	69%	60%	37	2019	65%	68%	Worsened	
Employer-sponsored insurance spending per enrollee	2021	\$6,475	\$6,060	\$4,255	36	2019	\$5,802	\$5,354	Worsened	
Medicare spending per beneficiary	2021	\$11,694	\$10,478	\$6,915	47	2019	\$11,477	\$10,180	No Change	
Primary care spending as a share of total health care spending										
Ages 18–64 (employer-insured enrollees)	2021	7.3%	6.9%	10.0%	21	2019	7.5%	7.2%	No Change	
Age 65 and older (Medicare beneficiaries)	2020	5.5%	5.5%	7.6%	20	2018	5.7%	5.7%	No Change	
Healthy Lives						2023 Scorecard			Baseline	
Premature deaths from treatable causes per 100,000 population	2020–21	98	89	59	36	2018–19	93	84	No Change	
Premature deaths from preventable causes per 100,000 population	2020–21	250	232	152	32	2018–19	159	166	Worsened	

Table 1. State Health System Performance Indicator Data by Dimension (cont.)

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time ^b
Healthy Lives (cont.)	2023 Scorecard					Baseline			
Drug overdose deaths per 100,000 population	2021	17	32	11	4	2019	11	22	No Change
Suicide deaths per 100,000 population	2021	14	14	6	17	2019	13	14	No Change
Alcohol-related deaths per 100,000 population	2021	11	14	8	10	2019	9	10	No Change
Adults ages 18–64 who report fair or poor health	2021	16%	14%	10%	39	2019	20%	17%	Improved
Adults age 18 and older who smoke	2021	13%	14%	7%	17	2019	15%	15%	No Change
Adults who are obese	2021	38%	34%	25%	40	2019	35%	32%	Worsened
Children who are overweight or obese	2020–21	40%	34%	24%	47	2018–19	34%	31%	Worsened
Adults who have lost six or more teeth	2020	7%	9%	5%	17	2018	8%	9%	No Change
Reproductive & Women’s Health	2023 Scorecard					Baseline			
Maternal deaths while pregnant or within 42 days of termination of pregnancy, per 100,000 live births	2019–21	31	26	10	29	—	—	—	—
Severe maternal morbidity rate per 10,000 in-hospital deliveries	2020	80	88	43	21	2018	66	77	Worsened
Infant mortality, deaths per 1,000 live births	2020	5.3	5.4	3.5	23	2018	5.5	5.7	No Change
Share of births born preterm, prior to 37 weeks of pregnancy (gestation)	2021	11%	10%	8%	42	2019	11%	10%	No Change
Breast and cervical cancer deaths per 100,000 female population	2021	23	22	16	32	2019	23	22	No Change
All-cause mortality rate per 100,000 women ages 15–44	2021	118	124	79	23	2019	79	89	Worsened
Share of in-hospital births in state with a self-pay insurance payment source	2021	5.20%	2.74%	0.30%	46	2019	6.26%	3.41%	Improved
Women ages 18–44 without a usual source of care	2021	33%	21%	9%	50	—	—	—	—
Women ages 18–44 without a routine checkup in the past two years	2021	18%	13%	8%	49	2019	18%	13%	No Change
Share of births not beginning prenatal care in first trimester	2021	29%	22%	11%	51	2019	31%	22%	No Change
Share of women with a recent live birth who did not report having a postpartum checkup visit	2020	—	11%	8%	—	2018	—	9%	—
Women with up-to-date breast and cervical cancer screenings	2020	72%	74%	80%	34	2018	74%	76%	No Change

Table 2. State Income Disparity Data

Disparity Indicator	Data year	Low-income rate ^c	Disparity ^d	State rank	Data year	Low-income rate ^c	Disparity ^d	Change over time ^e
	2023 Scorecard				Baseline			
Adults ages 19–64 uninsured	2021	44%	-34	51	2019	44%	-35	Improved
Children ages 0–18 uninsured	2021	15%	-9	41	2019	16%	-10	Improved
Adults age 18 and older who went without care because of cost in past year	2020–21	27%	-21	47	2018–19	30%	-22	Improved
Adults age 18 and older without a usual source of care	2020–21	43%	-24	50	—	—	—	—
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2020–21	20%	-18	27	2018–19	28%	-26	Improved
Adults age 18 and older without a dental visit in past year	2018/20	55%	-26	21	2016/18	54%	-26	No Change
Adults with all age- and gender-appropriate cancer screenings	2018/20	62%	-7	7	2016/18	57%	-12	Improved
Adults with age-appropriate flu and pneumonia vaccines	2020–21	30%	-16	27	2018–19	24%	-13	Worsened
Children ages 19–35 months who did not receive all recommended vaccines	2021	29%	-9	16	2019	38%	-17	Improved
Children ages 0–17 with all components of a medical home	2020–21	27%	-34	48	2018–19	37%	-27	No Change
Children without age-appropriate medical and dental preventive care visits in the past year	2020–21	46%	-21	25	—	—	—	—
Potentially avoidable emergency department visits, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	253	-128	23	2019	367	-197	Improved
Hospital admissions for ambulatory care–sensitive conditions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	69	-43	23	2019	90	-54	Improved
30-day hospital readmissions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	77	-49	32	2019	92	-59	Improved
Primary care spending as share of total health care spending among Medicare beneficiaries age 65 and older	2020	4.7%	-1.0	31	2018	5.4%	-0.4	No Change
Adults ages 18–64 who report fair or poor health	2020–21	24%	-19	32	2018–19	30%	-23	Improved
Adults age 18 and older who smoke	2020–21	19%	-10	3	2018–19	19%	-9	No Change
Adults ages 18–64 who are obese (BMI >= 30)	2020–21	43%	-10	42	2018–19	39%	-8	Worsened
Adults ages 18–64 who have lost six or more teeth because of tooth decay, infection, or gum disease	2018/20	11%	-6	3	2016/18	9%	-5	Worsened

Table 3. State Racial and Ethnic Health Equity Performance Summary Data^f

 Health System Performance Score & State Rank
Among Population Group

	Percentile Score (1–100)	State Rank Among Population Group
American Indian and Alaska Native people	4	7 of 11 states
Asian American, Native Hawaiian, and Pacific Islander people	57	24 of 30 states
Black people	22	28 of 39 states
Hispanic people	8	44 of 48 states
White people ^g	62	7 of 51 states

Performance Score based on methodology used in: *Achieving Racial and Ethnic Equity in U.S. Health Care: A Scorecard of State Performance*, Commonwealth Fund, Nov. 2021, available at: <https://www.commonwealthfund.org/publications/scorecard/2021/nov/achieving-racial-ethnic-equity-us-health-care-state-performance>

Table 4. State Racial and Ethnic Health Equity Performance Measure Data^f

	Data year	U.S. total	AIAN people	AANHPI people	Black people	Hispanic people	White people
Health Outcomes							
Deaths before age 75 from health care treatable causes per 100,000 population	2020–21	89	38	47	165	92	95
Deaths before age 75 from preventable causes per 100,000 population	2020–21	232	137	96	318	267	246
Colorectal cancer deaths per 100,000 population	2020–21	13	—	9	19	12	15
Adults age 18 and older who smoke	2020–21	14%	29%	7%	15%	13%	14%
Adults ages 18–64 who are obese (BMI >= 30)	2020–21	34%	32%	15%	44%	42%	33%
Adults ages 18–64 who have lost six or more teeth because of tooth decay, infection, or gum disease	2018/20	9%	—	—	9%	7%	9%
30-day hospital readmissions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	33	—	—	54	—	31
Health Care Access							
Adults ages 19–64 uninsured	2021	12%	23%	11%	21%	38%	14%
Children ages 0–18 uninsured	2021	5%	15%	6%	9%	16%	8%
Adults age 18 and older who went without care because of cost in past year	2020–21	10%	26%	10%	16%	22%	11%
Adults age 18 and older without a usual source of care	2020–21	17%	35%	24%	20%	44%	21%
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2020–21	7%	—	4%	9%	11%	8%
Health Care Quality and Service Use							
Adult women ages 50–74 who did not receive a mammogram in the past two years	2018/20	22%	23%	53%	10%	26%	24%
Adult women ages 25–64 who did not receive a cervical cancer screening test in the past three years	2018/20	24%	32%	28%	18%	25%	27%
Adults ages 50–74 without a recent colon cancer screening test	2018/20	28%	47%	56%	31%	50%	32%

Table 4. State Racial and Ethnic Health Equity Performance Measure Data (cont.)^f

	Data year	U.S. total	AIAN people	AANHPI people	Black people	Hispanic people	White people
Health Care Quality and Service Use (cont.)							
Adults age 18 and older who did not receive a flu shot in the last year	2020–21	55%	74%	52%	59%	69%	51%
Adults age 65 and older who have never gotten a pneumonia vaccine	2020–21	30%	38%	45%	39%	39%	25%
Hospital admissions for ambulatory care–sensitive conditions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	29	—	—	55	—	29
Potentially avoidable emergency department visits, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	137	—	—	205	—	134
Adults age 18 and older without a dental visit in past year	2018/20	35%	44%	38%	41%	48%	36%
Children ages 19–35 months who did not receive all recommended vaccines	2021	28%	—	—	36%	24%	28%
Children without age-appropriate medical and dental preventive care visits in the past year	2020–21	38%	—	—	43%	39%	36%
Primary care spending as a share of total health care spending age 65 and older (Medicare beneficiaries)	2020	6%	—	—	5%	—	6%

Table 5. Select Reproductive Care and Women’s Health Measures by Race and Ethnicity

	Data year	U.S. total	AIAN people	AANHPI people	Black people	Hispanic people	White people
Severe maternal morbidity rate per 10,000 in-hospital deliveries	2020	88	—	—	123	80	64
Infant mortality, deaths per 1,000 live births	2019-20	5.4	—	4.2	9.7	5.1	4.3
Share of births born preterm, prior to 37 weeks of pregnancy (gestation)	2020-21	10%	11%	9%	15%	11%	10%
Breast and cervical cancer deaths per 100,000 female population	2020-21	22	—	13	32	18	24
All-cause mortality rate per 100,000 women ages 15–44	2020-21	124	99	39	164	93	117
Share of births not beginning prenatal care in first trimester	2020-21	22%	30%	25%	39%	34%	21%

Notes

(a) The 2023 Scorecard rankings generally reflect 2021 data. The 2023 Scorecard added or revised several performance measures, including the addition of 12 measures specifically related to reproductive care and women’s health and the removal of most measures around state COVID-19 response, since the June 2022 Scorecard report; rankings are not comparable between reports.

(b) Trend data available for 50 of 58 total Scorecard indicators. Improved/worsened denotes a change of at least one-half (0.5) standard deviation larger than the indicator’s distribution among all states over the two time points. No change denotes no change in rate or a change of less than one-half standard deviation.

(c) Rates are for state’s low-income population, generally those whose household income is less than 200% of the federal poverty level (FPL).

(d) Income disparity is the difference between the state’s low-income and higher-income (generally 400%+ FPL) populations.

(e) Improvement indicates that the low-income rate improved and the disparity between low- and higher-income populations narrowed; worsening indicates that the low-income rate worsened and the disparity between low- and higher-income populations widened.

(f) Performance data not available for all groups in every state.

(g) State not ranked on health system performance for white people in this report; included for comparative purposes.

“—” means data not available.