# Connecticut

# Ranking Highlights<sup>a</sup>

National Rank	Rank Among New England States*
<b>6</b> of 51	<b>5</b> of 6
5	6
8	5
7	6
40	5
7	3
8	3
8	4
	Rank         6 of 51         5         8         7         40         7         8





\* New England states include CT, ME, MA, NH, RI, VT

# How Connecticut Compares to All States



# The Best and Worst in Connecticut

#### **Best Performance**

Women with up-to-date breast and cervical cancer screenings

No postpartum visit

Children without all recommended vaccines

#### **Improved the Most**

Preventable hospitalizations ages 18-64

Potentially avoidable emergency department visits age 65 and older

Hospital 30-day mortality

#### **Worst Performance**

Hospital 30-day readmission rate age 65 and older

Employer-sponsored insurance spending per enrollee

Potentially avoidable emergency department visits age 65 and older

#### Worsened the Most

Home health patients with improved mobility

Children who are overweight or obese

Employer-sponsored insurance spending per enrollee



### Table 1. State Health System Performance Indicator Data by Dimension

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time <sup>b</sup>
Access & Affordability		2023	Scorecard				Baseline		
Adults ages 19–64 uninsured	2021	7%	12%	3%	10	2019	8%	13%	No Change
Children ages 0–18 uninsured	2021	3%	5%	1%	5	2019	4%	6%	No Change
Adults age 18 and older who went without care because of cost in past year	2021	8%	10%	5%	13	2019	10%	14%	Improved
Adults age 18 and older without a usual source of care	2021	13%	17%	9%	10	_		_	_
Individuals under age 65 with high out- of-pocket medical costs relative to their annual household income	2020–21	7%	7%	5%	24	2018–19	7%	10%	No Change
Employee total potential out-of-pocket medical costs as a share of state median income	2021	10%	12%	7%	16	2019	9%	12%	No Change
People with medical debt	2021	10%	13%	2%	18	_		_	—
Adults age 18 and older without a dental visit in past year	2020	27%	35%	25%	3	2018	24%	34%	Worsened
Prevention & Treatment		2023	Scorecard				Baseline		
Adults with all age- and gender- appropriate cancer screenings	2020	75%	69%	76%	4	2018	75%	68%	No Change
Adults with age-appropriate flu and pneumonia vaccines	2021	48%	42%	54%	9	2019	47%	41%	No Change
Adults vaccinated against COVID-19 with a booster	2022	54%	42%	63%	7	_		_	
Diabetic adults without an annual hemoglobin A1c test	2021	10%	10%	4%	28	2019	11%	8%	No Change
Children without all recommended vaccines	2021	16%	28%	12%	3	2019	17%	27%	No Change
Children with a medical home	2020–21	50%	46%	55%	19	2018–19	54%	48%	Worsened
Children without a medical and dental preventive care visit	2020-21	29%	38%	26%	5	_	_	_	_
Children who did not receive needed mental health care	2020–21	15%	20%	11%	10	2018–19	13%	18%	No Change
Adults age 18 and older with any mental illness who did not receive treatment	2019–20	56%	55%	41%	37	_		_	_
Youth ages 12–17 with a major depressive episode who did not receive mental health services	2019–20	43%	60%	33%	7				_
Hospitals with better-than-average patient experience ratings	2021	29%	45%	83%	40	2019	38%	48%	Worsened
Hospital 30-day mortality	07/2018– 12/2021	12%	12%	11%	14	07/2016– 06/2019	13%	14%	Improved

# Table 1. State Health System Performance Indicator Data by Dimension (cont.)

Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time <sup>b</sup>
Prevention & Treatment (cont.)		2023	Scorecard				Baseline		
Central line-associated bloodstream infection (CLABSI)	2021	0.884	0.921	0.571	26	2019	0.830	0.689	No Change
Nursing home residents with an antipsychotic medication	2020	16%	14%	9%	34	2018	17%	15%	No Change
Home health patients with improved mobility	2019	77%	80%	87%	39	2017	71%	75%	Improved
Avoidable Hospital Use & Cost		2023	Scorecard				Baseline		
Potentially avoidable emergency department	nent visits								
Ages 18–64, per 1,000 employer- insured enrollees	2021	125	134	122	4	2019	131	137	No Change
Age 65 and older, per 1,000 Medicare beneficiaries	2021	170	141	115	50	2019	206	185	Improved
Admissions for ambulatory care-sensitiv	e conditions								
Ages 18–64, per 1,000 employer- insured enrollees	2021	4	4	4	10	2019	7	7	Improved
Age 65 and older, per 1,000 Medicare beneficiaries	2021	30	29	16	33	2019	39	41	Improved
30-day hospital readmissions									
Ages 18–64, per 1,000 employer- insured enrollees	2021	3	3	2	7	2019	3	3	No Change
Age 65 and older, per 1,000 Medicare beneficiaries	2021	40	33	16	45	2019	46	40	Improved
Skilled nursing patients with a successful discharge	2020	60%	57%	69%	13	2018	56%	54%	Improved
Home health patients with a hospital admission	2019	17%	15%	11%	37	2017	16%	16%	Worsened
Adults with inappropriate lower back imaging	2021	69%	69%	60%	24	2019	68%	68%	No Change
Employer-sponsored insurance spending per enrollee	2021	\$7,504	\$6,060	\$4,255	46	2019	\$5,852	\$5,354	Worsened
Medicare spending per beneficiary	2021	\$11,420	\$10,478	\$6,915	44	2019	\$10,968	\$10,180	No Change
Primary care spending as a share of tota	al health care	spending							
Ages 18–64 (employer-insured enrollees)	2021	7.6%	6.9%	10.0%	17	2019	7.8%	7.2%	No Change
Age 65 and older (Medicare beneficiaries)	2020	4.9%	5.5%	7.6%	40	2018	5.2%	5.7%	No Change
Healthy Lives		2023	Scorecard				Baseline		
Premature deaths from treatable causes per 100,000 population	2020–21	66	89	59	5	2018–19	62	84	No Change
Premature deaths from preventable causes per 100,000 population	2020–21	182	232	152	6	2018–19	136	166	Worsened

Table 1. State Health System Performance Indicator Data by Dimension (cont.)										
Dimension and indicator	Data year	State rate	U.S. average	Best state rate	State rank	Data year	State rate	U.S. average	Change over time <sup>b</sup>	
Healthy Lives (cont.)		2023	Scorecard				Baseline			
Drug overdose deaths per 100,000 population	2021	42	32	11	37	2019	35	22	Worsened	
Suicide deaths per 100,000 population	2021	10	14	6	6	2019	11	14	No Change	
Alcohol-related deaths per 100,000 population	2021	13	14	8	14	2019	9	10	No Change	
Adults ages 18–64 who report fair or poor health	2021	11%	14%	10%	3	2019	14%	17%	Improved	
Adults age 18 and older who smoke	2021	11%	14%	7%	9	2019	12%	15%	No Change	
Adults who are obese	2021	32%	34%	25%	11	2019	29%	32%	Worsened	
Children who are overweight or obese	2020–21	34%	34%	24%	36	2018–19	29%	31%	Worsened	
Adults who have lost six or more teeth	2020	7%	9%	5%	9	2018	7%	9%	No Change	
Reproductive & Women's Health		2023	Scorecard				Baseline			
Maternal deaths while pregnant or within 42 days of termination of pregnancy, per 100,000 live births	2019–21	16	26	10	5	_	_	_	_	
Severe maternal morbidity rate per 10,000 in-hospital deliveries	2020	87	88	43	30	2018	88	77	No Change	
Infant mortality, deaths per 1,000 live births	2020	4.3	5.4	3.5	9	2018	4.2	5.7	No Change	
Share of births born preterm, prior to 37 weeks of pregnancy (gestation)	2021	10%	10%	8%	11	2019	9%	10%	No Change	
Breast and cervical cancer deaths per 100,000 female population	2021	18	22	16	5	2019	18	22	No Change	
All-cause mortality rate per 100,000 women ages 15–44	2021	92	124	79	6	2019	71	89	Worsened	
Share of in-hospital births in state with a self-pay insurance payment source	2021	3.87%	2.74%	0.30%	41	2019	4.52%	3.41%	No Change	
Women ages 18–44 without a usual source of care	2021	16%	21%	9%	14	—	—	_	_	
Women ages 18–44 without a routine checkup in the past two years	2021	11%	13%	8%	17	2019	9%	13%	Worsened	
Share of births not beginning prenatal care in first trimester	2021	15%	22%	11%	7	2019	15%	22%	No Change	
Share of women with a recent live birth who did not report having a postpartum checkup visit	2020	8%	11%	8%	1	2018	6%	9%	Worsened	
Women with up-to-date breast and cervical cancer screenings	2020	80%	74%	80%	1	2018	82%	76%	No Change	

Table 2. State Income Disparity Data								
	Data year	Low- income rate <sup>c</sup>	Disparity <sup>d</sup>	State rank	Data year	Low- income rate <sup>c</sup>	Disparity <sup>d</sup>	Change over time <sup>e</sup>
Disparity Indicator		2023 Sco	orecard			Baseline		
Adults ages 19–64 uninsured	2021	13%	-9	11	2019	16%	-13	Improved
Children ages 0–18 uninsured	2021	4%	-2	8	2019	4%	-2	No Change
Adults age 18 and older who went without care because of cost in past year	2020–21	14%	-10	8	2018–19	18%	-12	Improved
Adults age 18 and older without a usual source of care	2020–21	24%	-14	36	—	—	_	—
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2020–21	18%	-15	10	2018–19	20%	-18	Improved
Adults age 18 and older without a dental visit in past year	2018/20	40%	-22	5	2016/18	36%	-21	No Change
Adults with all age- and gender-appropriate cancer screenings	2018/20	72%	-7	8	2016/18	70%	-10	Improved
Adults with age-appropriate flu and pneumonia vaccines	2020–21	39%	-17	31	2018–19	33%	-13	Worsened
Children ages 19–35 months who did not receive all recommended vaccines	2021	22%	-10	19	2019	18%	-3	Worsened
Children ages 0–17 with all components of a medical home	2020–21	28%	-35	49	2018–19	32%	-34	No Change
Children without age-appropriate medical and dental preventive care visits in the past year	2020–21	43%	-24	41	_	_	_	_
Potentially avoidable emergency department visits, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	246	-115	15	2019	320	-142	Improved
Hospital admissions for ambulatory care–sensitive conditions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	50	-23	2	2019	72	-37	Improved
30-day hospital readmissions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	61	-32	15	2019	79	-45	Improved
Primary care spending as share of total health care spending among Medicare beneficiaries age 65 and older	2020	4.8%	-0.1	10	2018	5.5%	0.4	Improved
Adults ages 18–64 who report fair or poor health	2020–21	22%	-18	26	2018–19	26%	-21	Improved
Adults age 18 and older who smoke	2020–21	21%	-13	12	2018–19	23%	-15	Improved
Adults ages 18–64 who are obese (BMI >= 30)	2020–21	38%	-11	47	2018–19	34%	-9	Worsened
Adults ages 18–64 who have lost six or more teeth because of tooth decay, infection, or gum disease	2018/20	13%	-10	17	2016/18	13%	-10	Improved

## Table 3. State Racial and Ethnic Health Equity Performance Summary Data<sup>f</sup>

Health System Performance Score & State Rank Among Population Group

	Percentile Score (1–100)	State Rank Among Population Group
American Indian and Alaska Native people	—	_
Asian American, Native Hawaiian, and Pacific Islander people	76	12 of 30 states
Black people	53	4 of 39 states
Hispanic people	65	5 of 48 states
White people <sup>g</sup>	98	_

Performance Score based on methodology used in: Achieving Racial and Ethnic Equity in U.S. Health Care: A Scorecard of State Performance, Commonwealth Fund, Nov. 2021, available at: <u>https://www.commonwealthfund.org/publications/scorecard/2021/nov/achieving-racial-ethnic-equity-us-health-care-state-performance</u>

## Table 4. State Racial and Ethnic Health Equity Performance Measure Data<sup>f</sup>

	Data year	U.S. total	AIAN people	AANHPI people	Black people	Hispanic people	White people
Health Outcomes							
Deaths before age 75 from health care treatable causes per 100,000 population	2020–21	89	_	35	123	65	60
Deaths before age 75 from preventable causes per 100,000 population	2020–21	232	178	78	290	202	174
Colorectal cancer deaths per 100,000 population	2020–21	13			14	9	11
Adults age 18 and older who smoke	2020–21	14%	25%	—	14%	13%	11%
Adults ages 18–64 who are obese (BMI >= 30)	2020–21	34%	45%	14%	44%	36%	29%
Adults ages 18–64 who have lost six or more teeth because of tooth decay, infection, or gum disease	2018/20	9%	—	—	13%	8%	6%
30-day hospital readmissions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	33	—	—	52		35
Health Care Access							
Adults ages 19–64 uninsured	2021	12%	—	6%	9%	18%	4%
Children ages 0–18 uninsured	2021	5%	—	—	—	4%	2%
Adults age 18 and older who went without care because of cost in past year	2020–21	10%	—	6%	9%	15%	6%
Adults age 18 and older without a usual source of care	2020–21	17%	16%	15%	16%	32%	10%
Individuals under age 65 with high out-of-pocket medical costs relative to their annual household income	2020–21	7%	—	15%	7%	9%	6%
Health Care Quality and Service Use							
Adult women ages 50–74 who did not receive a mammogram in the past two years	2018/20	22%	27%	41%	17%	16%	17%
Adult women ages 25–64 who did not receive a cervical cancer screening test in the past three years	2018/20	24%	24%	17%	15%	14%	17%
Adults ages 50–74 without a recent colon cancer screening test	2018/20	28%	45%	43%	28%	31%	22%

### Table 4. State Racial and Ethnic Health Equity Performance Measure Data (cont.)<sup>f</sup>

	Data year	U.S. total	AIAN people	AANHPI people	Black people	Hispanic people	White people
Health Care Quality and Service Use (cont.)							
Adults age 18 and older who did not receive a flu shot in the last year	2020–21	55%	67%	54%	58%	61%	42%
Adults age 65 and older who have never gotten a pneumonia vaccine	2020–21	30%	35%	45%	38%	37%	26%
Hospital admissions for ambulatory care–sensitive conditions, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	29	_	_	57	_	31
Potentially avoidable emergency department visits, Medicare beneficiaries age 65 and older, per 1,000 beneficiaries	2020	137			210	_	153
Adults age 18 and older without a dental visit in past year	2018/20	35%	38%	30%	32%	34%	22%
Children ages 19–35 months who did not receive all recommended vaccines	2021	28%			4%	23%	15%
Children without age-appropriate medical and dental preventive care visits in the past year	2020–21	38%			42%	34%	22%
Primary care spending as a share of total health care spending age 65 and older (Medicare beneficiaries)	2020	6%			4%		5%

### Table 5. Select Reproductive Care and Women's Health Measures by Race and Ethnicity

	Data year	U.S. total	AIAN people	AANHPI people	Black people	Hispanic people	White people
Severe maternal morbidity rate per 10,000 in-hospital deliveries	2020	88	—	_	133	112	70
Infant mortality, deaths per 1,000 live births	2019-20	5.4	—	3.1	9.2	5.3	2.9
Share of births born preterm, prior to 37 weeks of pregnancy (gestation)	2020-21	10%		8%	13%	10%	8%
Breast and cervical cancer deaths per 100,000 female population	2020-21	22	—	_	23	12	19
All-cause mortality rate per 100,000 women ages 15–44	2020-21	124		28	139	81	93
Share of births not beginning prenatal care in first trimester	2020-21	22%	21%	14%	21%	21%	11%

Notes

(a) The 2023 Scorecard rankings generally reflect 2021 data. The 2023 Scorecard added or revised several performance measures, including the addition of 12 measures specifically related to reproductive care and women's health and the removal of most measures around state COVID-19 response, since the June 2022 Scorecard report; rankings are not comparable between reports.

(b) Trend data available for 50 of 58 total Scorecard indicators. Improved/worsened denotes a change of at least one-half (0.5) standard deviation larger than the indicator's distribution among all states over the two time points. No change denotes no change in rate or a change of less than one-half standard deviation.

(c) Rates are for state's low-income population, generally those whose household income is less than 200% of the federal poverty level (FPL).

(d) Income disparity is the difference between the state's low-income and higher-income (generally 400%+ FPL) populations.

(e) Improvement indicates that the low-income rate improved and the disparity between low- and higher-income populations narrowed; worsening indicates that the low-income rate worsened and the disparity between low- and higher-income populations widened.

(f) Performance data not available for all groups in every state.

(g) State not ranked on health system perfomance for white people in this report; included for comparative purposes. "---" means data not available.

Most data reported here can also be found in the Commonwealth Fund's online Health System Data Center at <a href="https://www.commonwealthfund.org/datacenter">https://www.commonwealthfund.org/datacenter</a>